

















# Activities

at Silver Strand State Beach

## January 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1  	2  
3	4	5	6	7	8  	9  
10	11	12	13	14	15	16
17	18	19	20	21	22	23  
24 31	25	26	27	28	29  	30  

## February 2011

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5  	6 
7	8	9	10	11	12  	13 
14	15	16	17	18	19  	20 
21	22	23	24	25	26  	27 
28						

# Information

## about Activities



### Junior Rangers

Saturdays 3:30pm-4:30pm

Kids age 7 to 12 are invited to these outdoor activities which include walks, presentations, games, investigations, art and more! Kids can earn awards like pins, posters, and patches as they progress through the activities. We ask that a parent or guardian fill out a sign-up form for their children and remain in the park while their kids participate, in case of any emergency. This activity is free. Meet outside lifeguard headquarters; look for the tall tower on the ocean side of the highway.



### Nature Walks

Sundays 1:30pm-2:30pm

During this 1-hour walking tour, we'll look for animals and plants in various habitats of the state beach. We'll use binoculars and hand lenses to aid in our discovery. This activity is free. Meet outside lifeguard headquarters; look for the tall tower on the ocean side of the highway.



### Explore and Restore Silver Strand SB

9:30am-11:30am

Discover plants, animals, mud flats, and more on a 1-hour walking tour. Then help preservation efforts by participating in an optional volunteer activity like a beach clean-up. Kids should be accompanied by an adult. Participants must sign a volunteer form before volunteering. This activity is free and starts in the lobby of Loews Resort. Please sign up by contacting the concierge at Loews Resort. Call (619)424-4000 and ask for the concierge.



### Kayak Tours *not currently available*

9:30-11:30am (weather permitting)

Get closer to nature and experience how humans are a part of San Diego Bay on this guided kayak tour. Available for ages 5 and older. Participants under age 18 must be accompanied by an adult. Each child under 10 must ride in a kayak with their accompanying adult. This activity starts at the marina at Loews Resort. Reservations are required by 4 pm the day prior. Call the Loews marina at (619)424-4466. \$25 per person.

For more information about  
Silver Strand State Beach:  
[www.parks.ca.gov/silverstrand](http://www.parks.ca.gov/silverstrand)